

UBI: Sunshine in the Soul

Ultraviolet Blood Irradiation (UBI) was actually discovered in America in the 1940's but was put off with the discovery of penicillin. UBI therapy has continued to be used for decades in many countries across the world. Although fairly unknown in the United States, it is making a comeback and is a desired treatment. Light Therapy is being revived in our day of supergerms, burgeoning medical costs, ineffective drugs and a myriad of medical prescription side effects.

Ultraviolet Light Blood Irradiation should be considered for a number of reasons:

- Effective against a host of ailments and diseases from flu to Herpes, HIV to rabies, CFS to Rheumatoid arthritis
- Natural with almost no side effects
- Simple and time efficient
- Low cost

Ultraviolet Blood Irradiation (UBI) is a process of exposing blood to ultraviolet A or C rays to stimulate the immune system. UBI is a time tested therapy in use for over 75 years by physicians all over the world. There are no known serious side effects and

the therapy creates a strong immune response that is regarded as an "autogenous vaccine".

Many people know and understand that sunlight or ultraviolet light (UV) kills bacteria, virus, etc. Just as a homemaker would hang her laundry to dry on an outdoor clothesline for absolute cleanliness and freshness, UBI therapy does the same to our blood. UBI is conducted by running a small amount of a person's blood underneath UVA and UVC rays through special tubing for exposure. In so doing, light therapy "cleans and freshens" a person from the inside out. This stimulates the immune system to destroy any and all pathogens, no matter if they are viral, fungal, bacterial, or cancerous.

Immune system activation seems to be acquired as the UV light simultaneously destroys pathogens as well as white blood cells. It may sound weird to be killing off something good like WBC's but when this happens the body works very hard to replace them, rapidly—generating a new immune response.

One of the added benefits of this therapy is the extra oxygenation for the body, lasting up to a month. One of the best ways to resolve chronic pain patterns, increase circulation and nutrient distribution and arrest the aging process is to restore oxygen levels. Lack of oxygen affects functions such as protein repair, hormone regulation, hydration, and can make individual cells unhealthy ultimately leading

to premature cell death. It also causes mental decrease, prevents detoxification, increases cyclic mood disorders, and accelerates degenerative diseases. As oxygen is vital to the function of our bodies on many levels, contributing to the very core of each and every cell, one can see how the more oxygenated our bodies are, the better we feel. Not to mention that these same pathogens eradicated by UV are also unable to thrive in an oxygen-rich environment; thus making UBI therapy a “double-whammy” in the treatment of almost any condition. This treatment includes the added amounts of ozone or oxygen, which bind with the blood for better transport and assimilation.

As you have probably experienced, a person tends to feel extra well and happy in the summer months. Many seek out winter vacations or second homes in warm dry areas so they can get away from the “winter blues”; much higher populations are seen in areas where the sun shines more often than not. As a much less expensive and time consuming option, UBI therapy also tends to lift a persons mood and give more energy. Just as with a warm, sunny vacation; UBI offers the body much in the way of energy production and mood enhancement through the same principles--ultraviolet rays—literally putting sunshine in the soul.

You may consider talking to your doctor about receiving UBI therapy if you are suffering from:

- all acute and chronic viral episodes from Herpes to Shingles to the flu and common cold
- candida overgrowth
- cancer or tumor growth of all kinds
- bacterial infections such as staph, strep, E.coli and MRSA

- allergies
- rheumatism
- asthma
- depression
- fatigue or CFS
- eye diseases such as Macular Degeneration
- many heart conditions
- blood platelet disorders
- toxin overload from snake or spider bites, or bacterial poisons
- parasite infections
- MS
- Lyme disease
- Non-healing wounds
- GI challenges such as pancreatitis, ulcerative colitis, diverticulitis, IBS, and leaky gut
- Infertility in men and women
- Fibromyalgia

As you can see, this treatment can be very beneficial for a plethora of wide-ranging conditions.” One of the neatest things about this treatment is that a person can have multiple problems resolve. However, it is usually necessary to get a series of ultraviolet blood treatments in order to make a long-lasting effect. That said, many feel an increase in energy after just one or two—one patient described it as “euphoric”.